



Montessori Practical Life Age Chart



Toddler Tasks

Help prepare snacks
Help with dishes
Help set the table
Help feed the pets
Pick up toys
Put books back on the bookshelf
or in a basket
Throw trash away
Help with laundry - putting it
in the washer and taking it out
of the dryer
Hanging clothes to dry
Fold washcloths
Sweep small areas
Pick out clothes to wear

Age 3-6 Tasks All previous chores plus:

Sweep
Help vacuum
Help prepare meals and snacks
Set and clear table
Help wash dishes
Feed pets
Clean mirrors and windows
Make their bed
Sort clothes, hang to dry, help
fold
Tend to the garden
Tidy their room
Polishing silver
Wiping the table before and
after meals

Age 7-10 Tasks All previous chores plus:

Take out the trash and
recycling
Wipe down bathroom sinks
and tubs/showers
Prepare small family meals
(parent staying in kitchen for
help and supervision)
Mop and vacuum more
thoroughly
Dust thoroughly
Help with lawn care

Age 11 and Up Tasks All previous chores plus:

Do the laundry
Help build and fix things
needed
Mow the lawn
Help write out a weekly meal
plan
Help prepare and cook larger
meals
**Children of this age are
capable of learning & helping
with most grown-up tasks.**